5

## ABSTRACT OF THE DISCLOSURE

It is an object of the present invention to provide an ink jet recording ink with excellent storage stability, with which no mold or other microbes will be generated over an extended period. The ink jet recording ink of the present invention contains water and a colorant comprising a pigment encapsulated by a polymer having a carboxyl group, wherein this ink jet recording ink is characterized by containing at least methylisothiazolone and octylisothiazolone.